

professional portfolio

Fábio Oliveira, PT, Ph.D.

Sports physiotherapist, Tennis PHCP





personal data

- ✓ Age: 39 years old
- ✓ Place of birth: Rio de Janeiro, Brazil
- ✓ Nationality: Brazilian and Portuguese

- ✓ PT, Ph.D in Clinical and Biomedical Sciences – shoulder rehabilitation

- ✓ Clinician-researcher
- ✓ Laval University, Quebec City, Canada



TIMELINE
academic
background
2001-2020

B.Sc. in Physiotherapy

Universidade Pres. Antonio Carlos, Brazil
Adviser: Rodrigo Soares

2001
2004

Sports Excellence
Scholarship

FABIOfisio Sports

Dynamo Fitness Center, Brazil

2004
2010

Expert in Sports PT

Asociación de Fisioterapia
Deportiva de Elite, Spain

2010

M.Sc. in Biokinetics

Universidade de Coimbra, Portugal
Adviser: Dr. Luís Rama

AlBan Scholarship

2008
2011

Assistant Professor

Federal University of Juiz de Fora
Faculty of Physiotherapy, Brazil

2013
2014

2011
2015

2011
2015

Doctoral Scholarship

2014
2018

Assistant Professor

University Salgado de Oliveira
Faculty of Physiotherapy, Brazil

Tennis Professional Circuit

Physiotherapist, Europe
ATP, WTA, ITF, Junior Tour
Europe

FABIOfisio Sports

Physiotherapist, Portugal
Professional and elite athletes
volleyball, soccer and tennis

**Ph.D. in Clinical and
Biomedical Sciences**

Université Laval
Adviser: Jean-Sébastien Roy
Co-Adviser: Laurent J. Bouyer

2018
2020

2018
2019

2020

2020

FRQS postdoctoral fellowship

Postdoctoral training

Université de Montreal
Adviser: Dany Gagnon

Postdoctoral training

Université du Québec à Chicoutimi
Adviser: Rubens A. da Silva

expertises

- Prevention, optimal recovery, and rehabilitation of musculoskeletal injuries.
- Upper limb and shoulder-related disorders.
- Sport taping techniques.
- Primary Health Care Provider (PHCP) of professional sports events.
- Exclusive monitoring of professional tennis players.



players assisted



- Elina Svitolina #5
 - Kiki Bertens #7
 - Belinda Bencic #8
 - Magda Linette #36
 - Kristina Mladenovic #42 (ex-top10)
 - Polona Hercog #45
 - Carolina Garcia #46 (ex-top10, #7)
 - Aliaksandra Sasnovich #50
 - Monica Puig #90 (**Olympic Champion**)
 - Mihaela Burzanescu #120 (HR: #31)
- and others.



- Radu Albot #67 (HR: #36)
 - Laslo Djere #80 (HR: #27)
 - Marius Copil #187 (HR: #56)
 - Ilya Ivashka #138 (HR: #80)
 - Kimmer Coppejans #154
 - Peter Polansky #192
- and others.

personal physio on the tour



currently working with

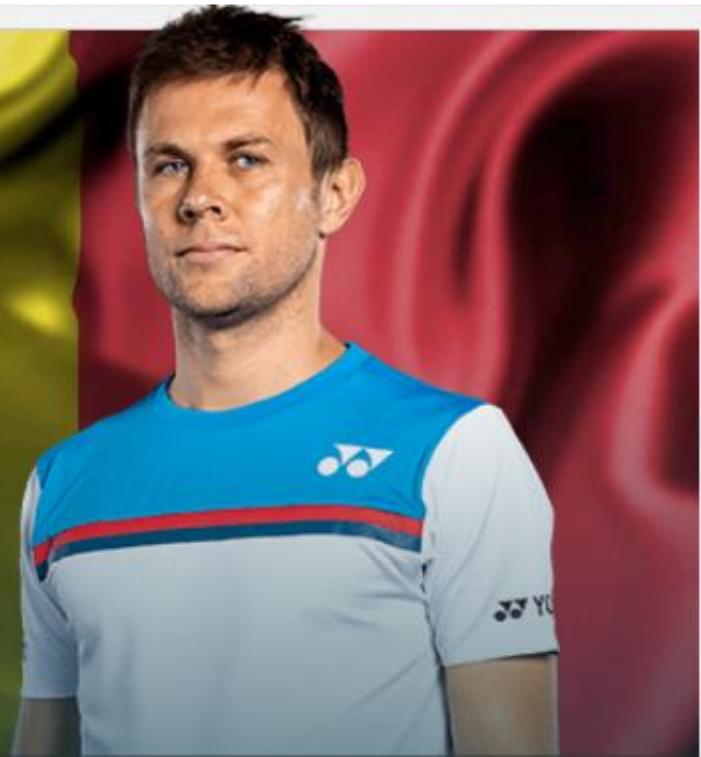
1 ATP 250 2019 (Delray Beach)
#1 Moldavia ranking
#1 Moldavia team Davis Cup
#1 Moldavia team ATP Cup

Radu Albot

Singles Ranking **67**



MDA



Age **30**
(1989.11.11)

Turned Pro **2008**

Weight **152** lbs (69kg)

Height **5'9"** (175cm)

Birthplace **Chisinau, Moldova**

Residence **Chisinau, Moldova**

Plays **Right-Handed, Two-Handed Backhand**

Coach **Magnus Tideman**

personal physio on the tour

Radu Albot
#80 ATP ranking



Moldova



personal physio on the tour



Radu Albot
Current ranking #80



Moldova



Frederico Silva
Current ranking #195



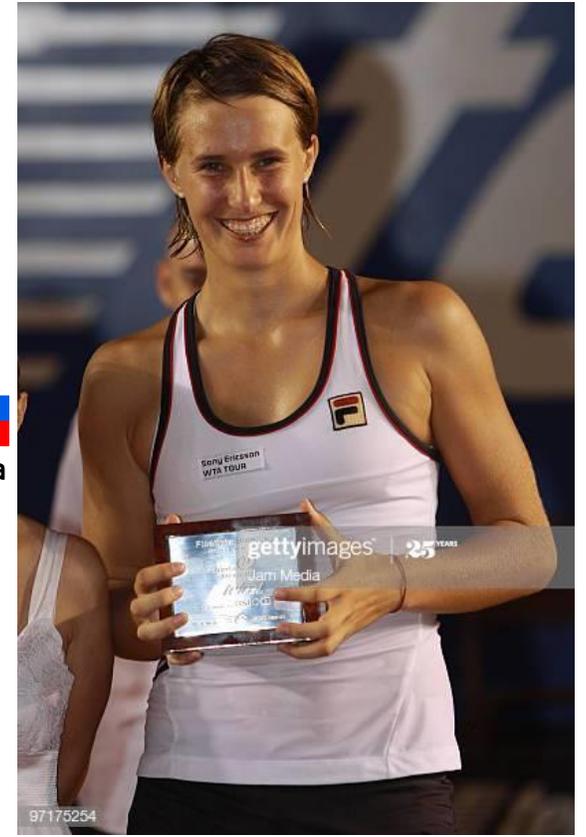
Portugal



Polona Hercog
Current ranking #45



Slovenia



Official PHCP at...



International Tennis Federation, European Junior Tour

European Junior Championships (U-18)

Klosters, Switzerland



International Tennis Federation

University European Games (1st EUSA Games)

Cordoba, Spain



Tennis Europe, Junior Tour

Maia Jovem (Grade 1)

Maia, Portugal

Official PHCP at...

International Tennis Federation, Women's Circuit

\$25,000 Smart Card Open Monet+

Zlín, Czech Republic



International Tennis Federation, Men's Circuit

\$15,000 Banca Transilvania Open

Cluj-Napoca, Romania



International Tennis Federation, Women's Circuit

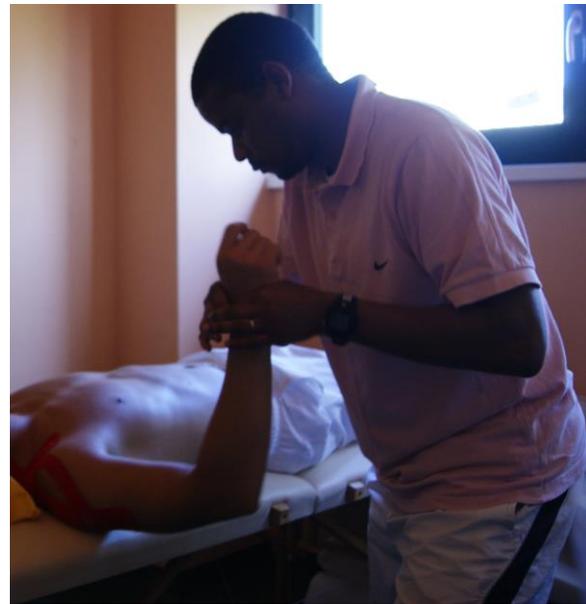
\$50,000 Ankara Cup

Ankara, Turkey

other experiences

- Professional volleyball
- Superliga (Brazil National League) 2013/2014
- Juiz de Fora, Brazil







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